UPDATE

May 15, 2014

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Prepared by the U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health, Office of Constituency Relations and Public Liaison
SCIENCE AND SERVICE NEWS UPDATES

NIMH’S DR. ROBERT HEINSSEN RECEIVES SPECIAL PRESIDENTIAL COMMENDATION FROM APA

The National Institute of Mental Health (NIMH) congratulates Robert Heinssen, Ph.D., recipient of the 2014 Special Presidential Commendation from the American Psychiatric Association (APA). Dr. Heinssen serves as Director of the Division of Services and Intervention Research at NIMH. He has been recognized by the APA for championing research on early psychosis and translating it into policy and programs for clinical implementation as a new standard of care. The Special Presidential Commendation ceremony was part of the recent APA Annual Meeting in New York.


LONGEVITY GENE MAY BOOST BRAIN POWER; NIH-FUNDED RESEARCHERS DISCOVER THE GENE MAY ENHANCE COGNITIVE ABILITIES

Scientists showed that people who have a variant of a longevity gene, called KLOTHO, have improved brain skills such as thinking, learning, and memory regardless of their age, sex, or whether they have a genetic risk factor for Alzheimer’s disease. Increasing KLOTHO gene levels in mice made them smarter, possibly by increasing the strength of connections between nerve cells in the brain. The study was partly funded by the National Institutes of Health (NIH).


SAMHSA DATA REVEAL THE IMPACT OF BEHAVIORAL HEALTH CONDITIONS AND TREATMENT ON OLDER ADOLESCENTS AND YOUNG ADULTS

Recently released data shows that older adolescents and young adults with emotional and behavioral health conditions are much more likely to have significant problems with school performance, employment, and housing stability, according to a report from the Substance Abuse and Mental Health Services Administration (SAMHSA). According to the findings, nearly 8 percent of older adolescents (ages 16 to 17) with co-occurring depression and a substance use disorder (SUD) do not have a stable place to live, moving three or more times in the past year. Among older adolescents with depression and SUD enrolled in school, 13.5 percent have academic difficulties, with a grade average of "D" or lower. These challenges make it difficult for older adolescents with mental and SUDs to successfully transition into adulthood. Young adults (18-25) with co-occurring serious mental illness (SMI) and SUDs are less likely than those without co-occurring disorders to be high school graduates. However, young adults with SMI who received treatment were more likely to graduate high school than their peers who did not receive treatment.

INACTIVITY RELATED TO CHRONIC DISEASE IN ADULTS WITH DISABILITIES; HALF OF ADULTS WITH DISABILITY GET NO AEROBIC PHYSICAL ACTIVITY

Working-age adults with disabilities who do not get any aerobic physical activity are 50 percent more likely than their active peers to have a chronic disease such as cancer, diabetes, stroke, or heart disease, according to a Vital Signs report released by the Centers for Disease Control and Prevention (CDC). Nearly half of adults with disabilities who are able to do aerobic physical activity do not get any. An additional 22 percent are not active enough. Yet only about 44 percent of adults with disabilities who saw a doctor in the past year got a recommendation for physical activity.


2014 NATIONAL ALZHEIMER’S DISEASE PLAN AVAILABLE; UPDATED PLAN HIGHLIGHTS 2013 ACHIEVEMENTS, NEW GOALS IN RESEARCH, CARE, AND SERVICES

The U.S. Department of Health and Human Services (HHS) released the National Plan to Address Alzheimer’s Disease: 2014 Update, reflecting the nation’s progress toward accomplishing goals set in 2012 and current action steps to achieving them. The 2014 Plan was developed with input from experts in aging and Alzheimer’s disease from Federal, state, private, and non-profit organizations, as well as caregivers and people with the disease. The 2014 Plan includes the following five goals: finding ways to prevent and effectively treat Alzheimer’s disease by 2025; enhancing care for Alzheimer’s patients; expanding support for people with dementia and their families; improving public awareness; and carefully tracking data to support these efforts.


RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW ON NIMH WEBSITE

DIRECTOR’S BLOG: FROM RESEARCH TO PRACTICE

NIMH Director Thomas Insel and SAMHSA Administrator Pamela Hyde detail how the two agencies are implementing evidence-based early psychosis treatment programs across the United States (U.S.).

http://www.nimh.nih.gov/about/director/2014/from-research-to-practice.shtml

DIRECTOR’S BLOG: MAY IS FOR MEETINGS AND MENTAL HEALTH

NIMH Director Thomas Insel talks about common themes at some major national meetings taking place during Mental Health Awareness Month in May: changes in the health insurance climate, technology in healthcare, and possibilities both create for “learning” healthcare systems.

http://www.nimh.nih.gov/about/director/2014/may-is-for-meetings-and-mental-health.shtml
NIH RESEARCH MATTERS: SELF-TUNING NEURONS PROMOTE RESILIENCE TO STRESS, DEPRESSION

Enhancing brain mechanisms triggered by stress raised the resilience of mice to stress and relieved depression-like behaviors. The surprising results suggest novel approaches to promoting mental health. [http://www.nih.gov/researchmatters/may2014/05052014resilience.htm](http://www.nih.gov/researchmatters/may2014/05052014resilience.htm)

NIDA SCIENCE SPOTLIGHT: EARLY INTERVENTIONS CAN DECREASE DRUG USE IN YOUNG WOMEN

A study funded by the National Institute on Drug Abuse shows that adolescent girls who were involved in the juvenile justice system and participated in Multidimensional Treatment Foster Care (MTFC) showed decreased drug use over a two-year period in young adulthood. MTFC is a family-focused prevention program to encourage healthy behaviors in at-risk teens within the foster care system. The results also show that participation in MTFC reduced the influence of partner drug use, which was significantly associated with the young women’s concurrent drug use. [http://www.drugabuse.gov/news-events/news-releases/2014/05/early-interventions-can-decrease-drug-use-in-young-women](http://www.drugabuse.gov/news-events/news-releases/2014/05/early-interventions-can-decrease-drug-use-in-young-women)

SAMHSA MENTAL HEALTH AWARENESS MONTH BLOG SERIES

In order to increase awareness and help educate Americans about mental health, SAMHSA Center for Mental Health Services Director Paolo del Vecchio, MSW is releasing a series of blogs that discuss important issues for the behavioral health community and the nation.

**RECOVERY INCLUDES MEDICAL TREATMENT**

The first blog focuses on the importance of the concept of recovery and hope, how treatment is included in this concept, and features a powerful personal story. [http://blog.samhsa.gov/2014/05/01/recovery-includes-medical-treatment/](http://blog.samhsa.gov/2014/05/01/recovery-includes-medical-treatment/)

**ENGAGING PEOPLE IN MENTAL HEALTH TREATMENT AND RECOVERY**

This blog post describes the various reasons people report not receiving mental health services as well as ongoing SAMHSA activities that will help ensure that every American who experiences mental illness can gain timely access to effective treatments and supports that are available. [http://blog.samhsa.gov/2014/05/13/engaging-people-in-mental-health-treatment-and-recovery/](http://blog.samhsa.gov/2014/05/13/engaging-people-in-mental-health-treatment-and-recovery/)
NEW SPANISH-LANGUAGE MENTAL HEALTH RESOURCES

SAMHSA and HHS released new resources for Spanish-language speakers and professionals who work with Latinos. The Toolkit for Community Conversations About Mental Health (Diálogos comunitarios acerca de la salud mental) supports communities interested in holding conversations about mental health.

INFORMATION BRIEF (RESUMEN INFORMATIVO)

This brief provides data and other facts helpful in creating conversations about mental health that break down misperceptions, and promote recovery and healthy communities.

http://store.samhsa.gov/product/Di-logos-comunitarios-acerca-de-la-salud-mental-Resumen-informativo/SMA13-4763SPAN

DISCUSSION GUIDE (GUÍA PARA EL DEBATE)

This resource guides participants and facilitators through a one-day community conversation about mental health as a path to promoting recovery and healthy communities.

http://store.samhsa.gov/product/Di-logos-comunitarios-acerca-de-la-salud-mental-Gu-a-para-el-debate/SMA13-4764SPAN

PLANNING GUIDE (GUÍA DE PLANIFICACIÓN)

This guide provides tools to help organize a one-day community conversation around mental health. It discusses the logistics of finding a venue; gathering a network of partners; recruiting participants and facilitators; organizing the meeting; and identifying follow-up steps.

http://store.samhsa.gov/product/Di-logos-comunitarios-acerca-de-la-salud-mental-Gu-a-de-planificaci-n/SMA13-4765SPAN

"MENTAL HEALTH IN MY COMMUNITY" INFORMATION GRAPHIC (LA SALUD MENTAL EN MI COMUNIDAD: GRÁFICO INFORMATIVO)

This infographic presents data and other facts about mental illness in the U.S. to help educate and inform communities and start a conversation about mental illness.

http://store.samhsa.gov/product/La-salud-mental-en-mi-comunidad-Gr-fico-informativo/SMA13-4725SPAN

SUICIDE PREVENTION RESOURCES FOR ADULT CORRECTIONS

SAMHSA’s Suicide Prevention Resource Center (SPRC) has released two new fact sheets to help correctional officers recognize and respond to suicide risk, and direct them to relevant materials.

THE ROLE OF ADULT CORRECTIONAL OFFICERS IN PREVENTING SUICIDE


SUICIDE PREVENTION RESOURCES FOR ADULT CORRECTIONS

NEW RESOURCES FROM SAMHSA

HOW SAMHSA USES SOCIAL MEDIA TO SPREAD THE MESSAGE OF PREVENTION

This Recovery Month New Media Newsletter issue provides an overview of how SAMHSA is using social media to encourage and offer innovative ways for the behavioral health community to spread the message online. This issue also provides tips on how organizations can stay up-to-date on the latest social trends and implement findings to best promote observances, such as National Prevention Week, through social media. http://www.recoverymonth.gov/Resources-Catalog/2014/New-Media-Newsletter/May-Newsletter.aspx

JUDGES’ GUIDE TO JUVENILE MENTAL HEALTH UPDATED


NEW FROM CDC

WHAT’S HAPPENING IN CHILDREN’S MENTAL HEALTH?

In observation of National Children’s Mental Health Awareness Day, CDC outlined how they are working with other Federal agencies and partners to improve the mental health of U.S. children. CDC collaborates with partners to learn more about children's mental health, understand the causes of mental disorders, and promote effective prevention strategies. http://www.cdc.gov/Features/childmentalhealth/

QUICKSTATS: PERCENTAGE OF CHILDREN AGED 6–17 YEARS PRESCRIBED MEDICATION DURING THE PRECEDING 6 MONTHS FOR EMOTIONAL OR BEHAVIORAL DIFFICULTIES

This CDC QuickStats figure shows the percentage of children aged 6-17 years prescribed medication during the preceding six months for emotional or behavioral difficulties, by U.S. Census region, in the U.S. during 2011 to 2012. Among children aged 6-17 years, 7.5 percent overall had been prescribed medication for emotional or behavioral difficulties. By U.S. Census region, the percentages were 9.3 percent in the South, 8.0 percent in the Midwest, 6.3 percent in the Northeast, and 5.0 percent in the West. http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6317a9.htm
PROMOTING PROTECTIVE FACTORS FOR IN-RISK FAMILIES AND YOUTH: A BRIEF FOR RESEARCHERS

The Administration on Children, Youth and Families has released a report that explores factors that help youth and their families cope with trauma, focusing on five populations who are often victimized: infants, children, and adolescents who are abused or neglected; runaway and homeless youth; youth in or transitioning out of foster care; children and youth exposed to domestic violence; and pregnant and parenting teens. http://www.acf.hhs.gov/programs/fysb/news/acyf-report-20140331

WHITE HOUSE PROVIDES RESOURCES ON FIGHTING CAMPUS SEXUAL ASSAULT

NOT ALONE: REPORT OF THE WHITE HOUSE TASK FORCE TO PROTECT STUDENTS FROM SEXUAL ASSAULT

The White House is offering new guidance to help colleges and universities across the country to more aggressively combat sexual assaults on campus. In the Not Alone report, the White House provides a first set of action steps and recommendations. For example, it recommends that administrators conduct an anonymous survey of sexual assault cases every three years. http://www.whitehouse.gov/sites/default/files/docs/report_0.pdf

NOT ALONE: TOGETHER AGAINST SEXUAL ASSAULT WEBSITE

The White House has also produced an associated website which provides information for students, schools, and anyone interested in finding resources on how to respond to and prevent sexual assault on college and university campuses and in schools, such as where to find a crisis service, rights and how to file a complaint, and a map of resolved school-level enforcement activities. https://www.notalone.gov/

CHILDREN, VIOLENCE, AND TRAUMA SERIES: NEW VIDEOS

The Office for Victims of Crime released four new videos in its Through Our Eyes: Children, Violence, and Trauma series. This series now includes eight videos, accompanying resource guides, and public awareness posters. The most recent videos highlight intervention in schools, innovations in juvenile justice, addressing violence in the home, and a call to action on how anyone can help a child in need. http://www.ovc.gov/pubs/ThroughOurEyes/index.html
MODEL PROGRAMS GUIDE

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) released a new edition of the Model Programs Guide (MPG). The MPG includes information about evidence-based juvenile justice and youth prevention, intervention, and re-entry programs. It is a web-based guide that serves as a resource for juvenile justice practitioners and communities about what works, what is promising, and what does not work in juvenile justice, delinquency prevention, and child protection and safety.

http://www.ojjdp.gov/mpg/

DCOE BLOG POSTS

IS THERE AN ANSWER TO YOUR MENTAL HEALTH QUESTION? ASK DCOE

This month, mental health experts from the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) are answering questions asked by service members, Veterans, families, and healthcare providers on DCoE social media. This blog summarizes many of the questions and answers received so far about mental health concerns affecting service members and their family members.

http://www.dcoe.mil/blog/14-05-01/Is_There_an_Answer_to_Your_Mental_Health_Question_Ask_DCoE.aspx

MUPPET-THEMED MOBILE APP HELPS MILITARY KIDS ADJUST TO MOVING

The average military child moves six to nine times between kindergarten and high school. That’s a lot of planning, packing, unpacking, and readjusting — good reasons to start early to get children comfortable with moving. Sesame Workshop and National Center for Telehealth and Technology (T2) created The Big Moving Adventure app to help military families with young children cope with the moving process.

EVENTS

NATIONAL MENTAL HEALTH AWARENESS MONTH

MAY 2014

National Mental Health Awareness Month is a time to reaffirm commitment to building the understanding of mental illness, increasing access to treatment, and ensuring those who are struggling to know they are not alone.

Statement by HHS Secretary Kathleen Sebelius:


NATIONAL PREVENTION WEEK 2014

MAY 18-24, 2014

National Prevention Week is a SAMHSA-supported annual health observance dedicated to increasing public awareness of, and action around, substance abuse and mental health issues. The theme of National Prevention Week 2014 is Our Lives. Our Health. Our Future. SAMHSA will be highlighting the important role everyone has in maintaining a healthy life and ensuring a productive future.

http://beta.samhsa.gov/prevention-week (In English)
http://www.samhsa.gov/semana-de-prevención (In Spanish)

WEBINAR: THE CONTINUUM OF COMMUNITY-BASED MENTAL HEALTH CRISIS RESPONSE APPROACHES

MAY 20, 2014, 2:00-3:30 PM ET

This is the second webinar in SAMHSA’s series on how to expand community-based crisis response services and systems. These webinars describe new and emerging crisis response practices across a continuum of need that include pre-crisis planning, early intervention, crisis stabilization, and post-crisis support.

WEBINAR: DIGITAL GIRLS: CONFESSION, CONNECTION, AND DISCONNECTION

MAY 20, 2014, 3:00-4:30 PM ET

The fourth webinar in the SAMHSA Girls Matter! series on girls’ behavioral health will explore the digital world of girls, and provide strategies for using technology to reach, engage with, and support girls in achieving recovery and developing resiliency. http://womenandchildren.treatment.org/HERR%20page.asp

WEBINAR: UNDERSTANDING CHANGES TO POST-TRAUMATIC STRESS DISORDER AND ACUTE STRESS DISORDER DIAGNOSIS IN DSM-5

MAY 22, 2014, 1:00-2:30 PM ET

DSM-5 includes changes to the diagnostic criteria for post-traumatic stress disorder (PTSD) and acute stress disorder. Based on scientific research and clinical experience, the definitions of the disorders were revised to include a broader range of symptoms with more specific criteria. This DCoE webinar will describe key changes in clinical definitions of PTSD and acute stress disorder. Presenters include Dr. Matthew J. Friedman who led revision of the “Trauma and Stressor-Related Disorder” section of DSM-5, and Dr. Charles W. Hoge, a subject matter expert. http://continuingeducation.dcri.duke.edu/understanding-changes-posttraumatic-stress-disorder-and-acute-stress-disorder-diagnosis-dsm-5

PROMOTING HELP-SEEKING AMONG COLLEGE STUDENTS: STRATEGIES FOR SUICIDE PREVENTION

MAY 22, 2014, 3:00-4:30 PM ET

This SAMHSA SPRC webinar will focus on one component of a comprehensive, public health approach to suicide prevention and mental health promotion on campuses: increasing student help-seeking. Presenters will share recent research findings and will describe strategies their campuses are employing to increase the likelihood that a student who needs mental health services will seek out and secure assistance. http://www.sprc.org/training-institute/r2p-webinars/promoting-help-seeking-among-college-students-strategies-suicide-pre
WEBINAR: COGNITIVE BEHAVIORAL APPROACHES ACROSS CUSTODY SETTINGS

MAY 28, 2014 2:00 - 3:30 PM ET

OJJDP in collaboration with the OJJDP National Center for Youth in Custody will present “Cognitive Behavioral Approaches,” the second webinar in the series, “What Works: A Practitioner's Response to Evidence and Theory.” Cognitive behavioral approaches come from two separate psychological theories: cognitive theory says that the way someone thinks will determine their behavior; behavioral theory says that the environment in which a person finds him or herself also affects behavior. The examples presented in this webinar will illustrate the blending of cognitive and behavioral theories resulting in effective practice across custody settings. Panelists will share the principles specific to their cognitive behavioral theory approach and how they effectively implemented the approach in juvenile detention, corrections, and adult facilities responsible for youth offenders. [http://ojjdp.gov/enews/14juvjust/140509b.html](http://ojjdp.gov/enews/14juvjust/140509b.html)

WEBINAR: ADDRESSING THE INTERSECTION OF TRAUMA, MENTAL HEALTH CHALLENGES, AND SUBSTANCE USE

MAY 29, 2014 2:00 PM – 3:30 PM EST

This webinar on the intersection of trauma, mental health challenges, and substance use hosted by SAMHSA’s Women and Trauma Federal Partners Committee will provide an overview of current research and evidence-based programming. Presenters will review current research on the prevalence of trauma and adverse experiences and their impacts in the lives of women and girls across the lifespan, and describe two evidence-based programs, Seeking Safety and the Trauma Resolution Center. [https://nasmhpd.memberclicks.net/index.php?option=com_mc&view=mc&mcid=form_165441](https://nasmhpd.memberclicks.net/index.php?option=com_mc&view=mc&mcid=form_165441)

WEBINAR: IT TAKES A COMMUNITY: LEARNING TOGETHER ABOUT TOOLS AND STRATEGIES TO SUPPORT PEOPLE THROUGH EMOTIONAL DISTRESS

MAY 29, 2014, 3:00–4:30 PM ET

During this SAMHSA Resource Center to Promote Acceptance, Dignity, and Social Inclusion Associated with Mental Health webinar, participants will hear three speakers describe how everyone can work to better the community's health and wellness through supportive actions. Participants will learn about Emotional CPR, Families Healing Together, and how one university is adopting new practices that encourage and equip both teachers and students to support members of their community experiencing mental health challenges. [http://promoteacceptance.samhsa.gov/teleconferences/archive/training/teleconference05292014.aspx](http://promoteacceptance.samhsa.gov/teleconferences/archive/training/teleconference05292014.aspx)
WEINBAR: IDENTIFYING THE OUTCOMES AND FINANCING OF CRISIS RESPONSE SERVICES AND SUPPORTS WEBINAR

JUNE 3, 2014, 2:00-3:30 PM ET

This is the third webinar in SAMHSA’s series on how to expand community-based crisis response services and systems. These webinars describe new and emerging crisis response practices across a continuum of need that includes pre-crisis planning, early intervention, crisis stabilization, and post-crisis support. http://wciconferences.com/2014-CRSwebinars/index.html

WEINBAR: SANCTUARY AND SUPPORTS FOR GIRLS IN CRISIS

JUNE 10, 2014, 3:00-4:30 PM ET

The fifth webinar in the SAMHSA Girls Matter! series on girls’ behavioral health is aimed at bringing a message of hope and urgency for establishing effective behavioral health programs, interventions, and policies that support young women in crisis, including those who face juvenile justice system involvement, homelessness, and violence. http://womenandchildren.treatment.org/HERR%20page.asp

SOLVINMG THE GRAND CHALLENGES IN GLOBAL MENTAL HEALTH: PARTNERSHIPS FOR RESEARCH AND PRACTICE

JUNE 12-14, 2014, ROCKVILLE, MARYLAND,

The Office for Research on Disparities and Global Mental Health in the NIMH Office of the Director and Grand Challenges Canada will co-convene this workshop bringing together grantees of NIMH and Grand Challenges Canada, funders, and advocates working in low-, middle-, and high-income countries to discuss their research activities, findings, and funding across the six priority areas identified in the Grand Challenges in Global Mental Health initiative. http://www.nimh.nih.gov/research-priorities/scientific-meetings/2014/solving-the-grand-challenges-in-global-mental-health-partnerships-for-research-and-practice.shtml

NIH 2014 REGIONAL SEMINAR ON PROGRAM FUNDING AND GRANTS ADMINISTRATION

JUNE 26-27, 2014, BALTIMORE, MARYLAND

The NIH Regional Seminar provides education and training for the next generation of biomedical and behavioral scientists. This seminar is intended to: demystify the application and review process as well as clarify Federal regulations and policies. http://grants.nih.gov/grants/regionalseminars/2014/index.html
WEBINAR: THE POWER OF YOUTH DEVELOPMENT AND RECOVERY SUPPORTS

JULY 24, 2014, 3:00-4:30 PM ET

This final webinar in SAMHSA Girls Matter! series on girls’ behavioral health will explore the principles of youth development and what girls say they need for ongoing recovery. Participants will gain new ideas and resources for empowering and supporting girls in their recovery.

http://womenandchildren.treatment.org/HERR%20page.asp

FUNDING INFORMATION

LONGITUDINAL ASSESSMENT OF POST-TRAUMATIC SYNDROMES

COMPLEX TECHNOLOGIES AND THERAPEUTICS DEVELOPMENT FOR MENTAL HEALTH RESEARCH AND PRACTICE

ENVIRONMENTAL CONTRIBUTORS TO AUTISM SPECTRUM DISORDERS
http://grants.nih.gov/grants/guide/pa-files/PAR-14-203.html (R01)

CAMPUS SUICIDE PREVENTION GRANT

COOPERATIVE AGREEMENTS FOR TRIBAL BEHAVIORAL HEALTH
http://www.samhsa.gov/newsroom/advisories/1405072914.aspx

MINORITY YOUTH VIOLENCE PREVENTION: INTEGRATING PUBLIC HEALTH AND COMMUNITY POLICING APPROACHES
http://www.grants.gov/web/grants/view-opportunity.html?oppId=254851

YOUTH EMPOWERMENT PROGRAM II
http://www.grants.gov/web/grants/view-opportunity.html?oppId=254885

PREVENTING INJURIES AND VIOLENCE BY INFORMING STATE STRATEGIES
http://www.grants.gov/web/grants/view-opportunity.html?oppId=255180

NIMHD SOCIAL, BEHAVIORAL, HEALTH SERVICES, AND POLICY RESEARCH ON MINORITY HEALTH AND HEALTH DISPARITIES
http://www.grants.gov/web/grants/view-opportunity.html?oppId=254868

NIMHD BASIC AND APPLIED BIOMEDICAL RESEARCH ON MINORITY HEALTH AND HEALTH DISPARITIES
http://www.grants.gov/web/grants/view-opportunity.html?oppId=254869
The Outreach Partnership Program is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: http://www.nimh.nih.gov/outreach/partnership-program/index.shtml. To subscribe to receive the Update every two weeks, go to: http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml.

The information provided in the Update is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.